

TEF MENTAL HEALTH & WELLBEING

WWW.TEFMENTALHEALTHANDWELLBEING.
ORG
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OFFICE PHONE: 03301333807



TEF SERVICES

- One to One support Sessions
- Debt Support
- Housing Support
- Counselling
- Peer Support Groups
- Peer Support One to One
- Soft Law Advice
- Budgeting
- Food
- CV Writing
- Job Support
- Welfare Support
- Appeals Support

ABOUT US.....

TEF Mental Health & Wellbeing are a specialist humanistic holistic mental health & wellbeing origination based in Burton on Trent. We offer a range of covid-19 safe services to our vulnerable service users. At TEF we aim to give the best service possible and use service user feedback to improve our current practice. We work closely with organizations to make sure we get the best outcome. We have a small, experienced team who always go beyond the call of duty for our service users.

Referrals: For any information on referrals please contact us on 03301333807 or via our website www.tefmentalhealthandwellbeing.org

